



ILLUMINATIONS

School of Nursing

Leading to new horizons in nursing

SPRING 2006

INSIDE

Message from the Dean . . . 2

PDAs in the Curriculum . . . 3

Nursing Leadership and
Research Conference
"Every Nurse is a Leader". 3

Saving Katrina's Victims . . . 4

Master's Degree Program
in Emergency Nursing and
Disaster Management 5

Ph.D. in Nursing
Program Planned 5

New Faculty 6

Wanted: Volunteer
Historians and
Historical Items 6

Updated Graduate
Degree Programs 7

Making an Annual Gift . . . 7

Nursing Scholarships
Granted 8

Pursuing a Passion for
Elder Care 8



In the Palm of Their Hands. Page 3.



MESSAGE FROM THE DEAN



"The only problem with anything of tomorrow is that at the pace we're going right now, tomorrow would catch up with us before we got it built." In 1965, Walt Disney delivered this quote at a press conference to announce the plans to build Disney World.

Mr. Disney's remarks describe today's healthcare industry—at the moment state-of-the art, tomorrow antiquated. As dean of the School of Nursing it is my responsibility to provide the highest standards of nursing education, but the question is how do we refine the curriculum to better prepare students for the changing world of healthcare?

We have partnered with healthcare providers in the region to review our undergraduate curriculum. We are working diligently with clinical partners to develop new models of clinical education.

In addition, the School plans to build two new patient simulation laboratories over the next six months. We received a generous grant from New York State Senator Charles J. Fuschillo to purchase a human patient simulator and Assistant Professor Dr. Kristine Qureshi secured funding for a second grant that will be used to educate students about homeland security issues.

The pulse at the School of Nursing is high. We have doubled the size of our faculty in the last two years. In the last year five years, enrollment has grown by 206 percent, with undergraduate enrollment surging 282 percent. It is wonderful that people recognize nursing as an attractive career.

In this issue, you will read about our new master's degree program in emergency nursing and disaster management, a courageous nursing student who volunteered in the Gulf Coast, plans to re-establish a Ph.D. program, and other exciting news.

We are trying to stay ahead of tomorrow, but it requires diligent efforts from our faculty and staff, our alumni, and our partners. I look forward to your new and continued support and leave you with this thought: "The hardest thing is not to get people to accept new ideas; it is to get them to forget old ones," said John Maynard Keynes.

Sincerely yours,

A handwritten signature in black ink that reads "Patrick R. Coonan". The signature is fluid and cursive, with the first name being the most prominent.

Patrick R. Coonan
R.N., B.S. '78, Ed.D., CNAA
Dean and Professor
School of Nursing

For more information, please contact (516) 877-4510.

SCHOOL OF NURSING INTRODUCES PDAs INTO ITS CURRICULUM



Adelphi University School of Nursing students in Medical Surgical I using PDAs.



Dr. Sue Greenfield, assistant professor teaches Eno Utak functions on his new PDA.

Technology has become an important part of the changing world of healthcare. To better prepare nurses, Adelphi University School of Nursing has equipped its students with personal digital assistants (PDAs). The University is the first on Long Island to incorporate the technology into the nursing curriculum.

Using the Palm Tungsten E2 PDA with a nursing software designed by Pepid, students in Assistant Professor Sue Greenfield's introductory clinical course can look up medications; obtain information about diseases, laboratory data, and research; calculate drug dosages; and review legal issues.

The initiative grew out of a study by Dr. Greenfield showing that medication errors could be reduced and care provided more efficiently using PDAs. The initiative, which was publicized in *Advance for Nurses* and *Long Island Business News*, will also be covered in the *Journal of Nursing Education*. Dr. Greenfield presented her study at the National League of Nursing Educational Seminar.

ADELPHI HOSTS SECOND ANNUAL NURSING LEADERSHIP AND RESEARCH CONFERENCE "EVERY NURSE IS A LEADER"

May 11, 2006, 6:00 p.m. to 9:00 p.m.

May 12, 2006, 9:00 a.m. to 5:00 p.m.

Adelphi University

Ruth S. Harley University Center

Garden City, NY 11530

Come celebrate Nurses' Week while enhancing your leadership skills. Recognized leaders in the healthcare field, clinical practitioners, educational professionals, Adelphi faculty, administrators, and students are invited to attend. The event will include guest speakers, small group discussions, poster and panel presentations, and exhibits.

For more information, please contact Assistant Professor Bonnie Ewing at ewing@adelphi.edu or (516) 877-4541.

To register, visit <http://nursing.adelphi.edu/>.

SAVING KATRINA'S VICTIMS



Gretel Jugl with one of the eighteen dogs she rescued after Hurricane Katrina.

Nursing is about more than service. It is about courage and sacrifice.

Few know this more than Gretel Jugl, a junior in the School of Nursing's R.N. to B.S. program. Horrified by news reports of the suffering caused by Hurricane Katrina, the home healthcare nurse left her job at North Shore Long Island Jewish Health Care System, school, and two-year-old daughter and drove to Baton Rouge, Louisiana to assist with the recovery effort. Experienced in surgical and emergency nursing, she volunteered for two-and-a-half weeks, first at the makeshift hospital at Louisiana State University and then in downtown New Orleans.

Ms. Jugl knew she had the medical skills that were so desperately needed, and wasn't interested in "wasting" them by staying home.

She was not the only one who felt compelled to help. Doctors, nurses, physical therapists, occupational therapists, social workers, psychiatrists, psychologists, and chaplains from across the country had also answered the call.

Despite the outpouring of assistance, the need was overwhelming. Ms. Jugl worked frantically for 32 hours straight treating critical care patients suffering from fractures, dehydration, diabetes, trauma, and respiratory complications. She faced up to 50 to 60 patients at a time as helicopters flew in with critically ill nursing home evacuees.

Her patients' stories helped her keep her own hardships in perspective. One patient, a woman in her 30's, had lost two family members in the flood, was raped in the convention center shelter, and suffered from a fractured ankle.

As the days passed, the floodwaters gradually withdrew from New Orleans revealing the depth of their destruction and allowing help to reach the survivors trapped in the devastated city. Ms. Jugl knew that it was time to leave Baton Rouge.

Once in New Orleans, she and eight fellow volunteers established a makeshift hospital at a Sheridan Hotel gift shop. They were without electricity, running water, plumbing, and only had a limited supply of food.

"We were there for a week," she says. "The first day, there were 25 people to treat. We started doing rescues out in the field, and then in two days, there were a thousand people in the Sheridan."

As Ms. Jugl waded into the toxic water to search for survivors, she encountered residents who, despite grave medical conditions and evident health hazards, were unwilling to evacuate without their pets. Concerned for them, she recruited a special agent from Homeland Security and a group of national guardsmen to help. Ultimately, fifty people were rescued, along with eighteen dogs, a boa constrictor, and a lizard.

Ms. Jugl's own resolve in such adverse conditions surprised her. "I realized that I'm a stronger person than I originally thought," she says. "I have a lot to offer as a nurse, and I realized that working together we can achieve amazing things."

As painful as her memories can be, the experience gave her a greater appreciation for the power of the human spirit. "I met the most amazing and beautiful people, and I'll never forget them."

ADELPHI UNIVERSITY LAUNCHES MASTER'S DEGREE PROGRAM IN EMERGENCY NURSING AND DISASTER MANAGEMENT



Adelphi nursing students learn to respond quickly to emergencies.

Catastrophic disasters, such as Hurricane Katrina and continued terrorist attacks, have demonstrated the urgent need for healthcare professionals to respond quickly and function under extreme pressure. To address this need, Adelphi University School of Nursing launched a new master's degree program in emergency nursing and disaster management in spring 2006. The University is the first in New York State to offer a master's degree program in this specialization.

Nursing students in the program learn how to identify healthcare consequences of natural and manmade disasters, including chemical, biological, and nuclear attacks; develop and manage a disaster plan; deliver and evaluate an emergency management training; implement a community-based disaster program; deliver care and manage a staff during a disaster; and provide physiological and psychological nursing care to victims. In addition to coursework, students are expected to complete work in the field, at such places as the Nassau County Office of Emergency Management.

The 39-credit program has already received considerable media attention. The program has been publicized in the *Journal of Emergency Nursing*, online at the American Nurses Association Web site and at www.insidehighered.com. In addition, a local cable station, the Regional News Network, interviewed Dean Coonan, Assistant Professor Kristine Qureshi, and undergraduate nursing student Charleen Jacobs about the program. To view the segment, visit <http://nursing.adelphi.edu/>.

For more information about the master's degree program, please contact Assistant Professor Kristine Qureshi at qureshi@adelphi.edu or (516) 877-4568.

Ph.D. IN NURSING PROGRAM PLANNED

A critical shortage of nursing faculty is exacerbating our nation's nursing shortage.

According to the December 2005 issue of *Newsweek*, "The need for new nurses has never been more acute. An aging population will increase the demand over the coming decades. At the same time, with more and more nurses approaching retirement, the supply will decline, unless enough new recruits can be trained. Yet understaffed nursing schools had to turn away more than 32,000 qualified applicants last year."

To address the national shortage of faculty with doctoral training, Adelphi School of Nursing formed a task force to

develop a Ph.D. program. The program will prepare nurse scientists for roles in nursing research and education. Adelphi would be the first on Long Island to offer a doctorate in nursing. Pending New York State registration, the program is scheduled to begin in fall 2006. The school expects a decision regarding approval sometime in May.

With a host of new and revised undergraduate and graduate programs and record enrollment, the School of Nursing was poised to develop a first-rate Ph.D. program. Pending approval by the state, the school will then advertise to recruit students.

WELCOME TO NEW FACULTY



Deborah Ambrosio-Mawhirter, R.N., M.S. has been appointed an assistant clinical professor. She has ten years experience teaching as a senior adjunct instructor. Ms. Ambrosio's expertise is in vascular nursing, pain management, and performance improvement. She is involved in promoting research and scholarship. She is a past president and current executive board member of the University's Nursing Honor Society, Sigma Theta Tau.



Veronica (Ronnie) Phillips Arikian joined Adelphi University as an associate professor. Her experience in the academic field spans more than 20 years. She has taught at SUNY Downstate, NY; University of St. Thomas, TX; Hermann Hospital, TX; Virginia Commonwealth University, VA; and Queensborough Community College, NY. Her leadership roles include serving as a nurse manager at the pediatric clinic at DMHMC Hanover, NH; director of the nursing emergency department at Medical College, VA; director of assessment and evaluation for the National League for Nursing; and acting associate dean at Long Island College Hospital School of Nursing, NY. She holds a Ph.D. in nursing.



Judith Forker joins Adelphi University School of Nursing as associate dean for academic affairs and undergraduate programs. Previously she served as director of staff development and quality management at St. Joseph's Medical Center in Yonkers, NY. She is a registered nurse and a certified clinical specialist in adult psychiatric-mental health nursing. She holds a Ph.D. in nursing and an M.A. in psychiatric mental health nursing from New York University, and a B.S. in nursing from Skidmore College, as well as a postgraduate certificate in comprehensive psychotherapy from the National Institute for the Psychotherapies.



K.C. Rondello, M.D., M.P.H. has been dually appointed as a visiting assistant professor of the School of Nursing and visiting assistant professor of the School of Business. An adjunct professor at Adelphi since 2003, he has been principally involved in the emergency management graduate certificate program. Prior to his full-time role at Adelphi, Dr. Rondello was the associate director of the Saint Barnabas Health Care System's Center for Health Care Preparedness and Office of Disaster Preparedness. Since December 2002, he has served as chief epidemiologist of the New York Metropolitan Disaster Medical Assistance Team (NY-2), the medical response arm of the Department of Homeland Security/FEMA.



Jane White was appointed associate dean for research and graduate programs and began her duties in fall 2005. Prior to her Adelphi appointment, she served as executive director of the American Psychiatric Nurses Association, as well as an adjunct professor at the Catholic University of America School of Nursing in Washington, D.C. She is a board certified specialist in adult psychiatric-mental health nursing and is licensed as an advanced practice nurse in Maryland, Washington, D.C., and Virginia. She holds a D.N.Sc. in psych-mental health and nursing education from the Catholic University of America, an M.S.N. from the University of Alabama, and a B.S.N. from Purdue University, as well as a Nonprofit Management Executive from Georgetown University.

WANTED: VOLUNTEER HISTORIANS AND HISTORICAL ITEMS

Adelphi University School of Nursing has a proud history that spans more than 60 years. The School has started a collection of unique historical items and materials that record its accomplishments and traditions.

Contributions of photographs, videos, documents, or other items to become part of the archives would be appreciated. We are also seeking dedicated volunteers to help coordinate the project.

To send historical items or to volunteer, please contact the dean's office at (516) 877-4511.

UPDATED GRADUATE DEGREE PROGRAMS

Today's nurses are performing increasingly complex roles which require advanced knowledge, new skills, and specialized capabilities. Students in the graduate degree programs can follow a course of study that prepares them for advanced practice, teaching, administration, and management.

The following programs have been updated to reflect the evolution of the healthcare industry.

Master's Programs

■ M.S. in Adult Health Nurse Practitioner

The program addresses the need for advanced practice nurses to have strong leadership and management skills, as well as practical skills in a variety of clinical settings. The revised program can be completed in 42 credits instead of 48, which allows the University to be more competitive in the marketplace and on par with the local and national average of 42 credits for similar programs. A seminar in information technology and literacy, a course on clinical decision-making for advanced practice, and a capstone project have been added to enhance student learning.

■ M.S. in Nursing/M.B.A.

The combined M.S./M.B.A. program offered by the Adelphi School of Nursing and School of Business prepares graduates to assume leadership roles in health service organizations and

to contribute to the advancement of management, nursing, and healthcare. Previously, students were required to attain the M.S. in nursing prior to gaining entry to the M.B.A. program. Now, the sequencing of nursing and business courses has been integrated for learning continuity and students are required to complete the entire integrated program before receiving the combined M.S./M.B.A. degree. The total number of credits remains 75, with the nursing requirements reduced from 33 to 30 credits and the business requirements increased from 42 to 45 credits.

Post-Master's Certificate Program

■ Nursing Administration

The post-master's certificate program in nursing administration is designed for advanced practice nurses who already hold a master's degree in nursing and is individualized for each applicant. The updated program reflects changes in the master's program in nursing administration and the changing role of a nurse administrator. It is a part-time course of study that includes 24 credits of graduate-level courses, at least 12 of which must be taken at Adelphi. Prior graduate courses are evaluated for possible advanced standing in the certificate program.

MAKING AN ANNUAL GIFT



Adelphi has made great strides in meeting the University's strategic goals to enhance academic programs; recruit and support

top-ranked faculty; ensure that Adelphi remains affordable and attracts and retains highly talented students; and creates a campus with state-of-the-art facilities. The support of our alumni and friends ensures that this legacy continues.

Annual gifts of every size are essential. Alumni participation is important to private foundations and college guides, as well as for scholarships.

You may wish to designate a gift to one of the following funds in the School of Nursing:

- Peggy Ann Burleigh Memorial Scholarship
- Justina Eisenhower Mickiewicz Memorial Award
- The B. Loretta Gumper vomLehm Memorial Scholarship
- The Patricia Keane DeGeorge Memorial Scholarship
- The Moji Ayinde Annual Clinical Excellence Award
- Mildred Montag Endowment Fund

Making a gift has never been easier. You can now make contributions online at www.adelphi.edu/giving.

On behalf of everyone at Adelphi University and the School of Nursing, thank you in advance for your support.

NURSING SCHOLARSHIPS GRANTED

For the second year in a row, Adelphi School of Nursing received a generous grant of \$10,000 for four nursing scholarships from the Switzer Foundation. The foundation's primary mission is to provide scholarships for girls and women, particularly nursing students, through grants designated to nursing schools.

Congratulations to the following scholarship recipients:

Freshman Jane Chacko of Williston Park, NY

After completing her bachelor's degree, Jane plans to pursue her master's and dreams of becoming a nurse administrator. Asked why she wants to be a nurse, she says, "It only takes one person to have an impact on someone else's life, and I want to be that person."

Sophomore Tammie Hood-Guthrie of Bellmore, NY

After the September 11th terrorist attacks, Tammie decided to return to school to pursue a nursing degree. Her short-

term goal is to work with trauma victims or in a hospital emergency department. Her long-term goal is to pursue a master's in forensic nursing.

Senior Maneca Jean-Baptiste of East Elmhurst, Queens, NY

"I want to be a part of treating patients and watching their progression as they heal," says Maneca, who is currently a patient comfort provider at Winthrop University Hospital in Mineola, NY. Her long-term goal is to become a nurse practitioner in adult care.

Junior Tara Keilty of Hicksville, NY

Tara, who expects to graduate in August 2007, is a transfer student from Nassau Community College. "My goals are to become a nurse and be the best one I can," she says. Her future plans include pursuing a master's in nursing education.

PURSUIING A PASSION FOR ELDER CARE

Loren Gilberg B.S. '81, B.S.W. '83, M.B.A. '84



Ask Loren Gilberg B.S. '81, B.S.W. '83, M.B.A. '84, why she chose the School of Nursing and she'll immediately respond, "Its great reputation." The courses and training she received inspired her to start her own business which brought her back to Adelphi, first to earn a Bachelor's of Social Work and then an M.B.A.

Adelphi's flexible schedule was an added convenience. "I always had to work," she explained, noting that she was a nurse's aide while completing her studies. Prior to graduation, Ms. Gilberg began her first business venture, Multi-Medical, an insurance examining company. But that was just the beginning.

Her desire to help people and improve their lives led her to the School of Social Work. She wanted to gain a better understanding of the "emotional component" between patients and caregivers. The B.S.W. was the "perfect complement" to nursing.

Before starting her next venture, however, Ms. Gilberg realized that managing a successful company required additional skills in business theory and practice. She returned to Adelphi to pursue

an M.B.A. while working the night shift at a local hospital. Although each successive degree provided the skills and knowledge to further her career, Ms. Gilberg credits the School of Nursing with giving her the firm foundation in academic and practical training.

Her academic experiences helped her translate her passion into action—improving quality of life for seniors. Inspired by the "strong emotional connection" that she formed with elderly patients while doing rotations in 2000, she founded Elder Care Consulting, Inc., a geriatric care management company. An authority in the field, she has been interviewed extensively and recently appeared on Bloomberg Television to discuss the challenges of how to care for an elderly parent. She is also a dedicated volunteer and fundraiser for the Alzheimer's Association.

"I get more than I give," says Ms. Gilberg of her typical 17-hour days. Her advice to incoming freshmen is the same that she gives to graduating seniors—"Find something incredibly challenging. Find something you love to do. You'll get the incredible feeling of satisfaction for a job well done."

Reader Survey

Please take a moment to participate in a survey to help the School of Nursing assess and improve *Illuminations*. The first 25 responses will receive a gift from the Office of Alumni Relations. Your input is greatly appreciated.

1. What best describes your current relationship with Adelphi?

- Alumni Undergraduate Student Graduate Student Full-time Faculty
 Part-time Faculty Friend of Adelphi University Other (please specify)_____

2. Which of the following statements come closest to how you read *Illuminations*?

- I read the entire issue. I read selected articles. I skim through the pages.
 I do not read the newsletter.

3. Please rate the newsletter in the following categories:

	Excellent	Good	Fair	Poor	Don't Know
Content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Editing/Writing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Layout/design	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. How much time do you typically spend reading each issue of *Illuminations*?

- 1–5 minutes 5–10 minutes 11–20 minutes 21–30 minutes More than 30 minutes

5. Please rate your interest in including the following in *Illuminations*.

	Very interested	Somewhat interested	Not too interested	Not at all interested
News about Academic Programs	1	2	3	4
News about Current Research/Scholarship	1	2	3	4
Stories/Student Profiles about Current Students	1	2	3	4
Stories/Profiles about Alumni	1	2	3	4
Stories/Profiles about Faculty	1	2	3	4
Lectures, conferences, and other events	1	2	3	4
Faculty Accomplishments/Publications	1	2	3	4
Alumni Class Notes	1	2	3	4
Other (Please Specify)	1	2	3	4

6. Please evaluate the coverage in the following areas:

News about Academic Programs

Too Little Just Right Too Much

News about Current Research/Scholarship

Too Little Just Right Too Much

Stories/Student Profiles about Current Students

Too Little Just Right Too Much

Stories/Profiles about Alumni

Too Little Just Right Too Much

Stories/Profiles about Faculty

Too Little Just Right Too Much

Lectures, conferences, and other events

Too Little Just Right Too Much

Faculty Accomplishments/Publications

Too Little Just Right Too Much

Alumni Class Notes

Too Little Just Right Too Much

Other

Too Little Just Right Too Much

7. How would you prefer to read *Illuminations*?

Printed Copy online .pdf format via email no preference

8. Where do you get most of your news about the School of Nursing? (please choose the best response.)

- Illuminations*
 Adelphi University Alumni Magazine
 School of Nursing Web site
 eCampus
 Other (please specify) _____

9. The *Illuminations* newsletter now comes out about two times per academic year. Is this frequency:

- Too Little
 About Right
 Too Much

10. The length of newsletter is:

- Too Short
 Just Right
 Too Long

11. Please add additional comments on *Illuminations*.

Thank you!

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