

## CHOOSING A MAJOR

*Complete this worksheet whether you have declared your major or not. Use this as an opportunity to reflect on your interests regardless of whether or not you have made up your mind about the major you will pursue. Remember: Choose a major you are truly interested in and will enjoy! Consider your goals and aspirations for college and beyond. Reflect on your past academic experiences as well.*

*Note: This worksheet is not designed to instantaneously determine your major but to help you think about what areas you may be interested in!*

1. Review majors (listed in the Appendix of this book). List three to six majors below you would **not** consider majoring in:

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2. Review majors (listed in the Appendix of this book). List three to six majors below you would consider majoring in:

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3. List two or three subject areas you took courses in previously that you enjoyed as well as performed well in:

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4. List one subject area you are interested in but have never taken any courses in:

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5. In the space below, reflect on any external factors that may influence your decision (i.e., your parents' ideas about what you should major in, what your friends are majoring in, your career interests, etc.)

6. In the space below, comment on how you envision yourself spending most of your time at the university (working in a laboratory, working with computers, researching in the library, creating in an art studio, performing in a music studio, writing in the writing center, working on group projects, etc.).

Do any of the major possibilities you selected, require you to spend your time in this fashion?