

ADELPHI NY STATEWIDE

BREAST CANCER HOTLINE & SUPPORT PROGRAM

**800.877.8077**

**We are here for you. STAY CONNECTED.**

[breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)

One South Avenue, PO Box 701 • Garden City, NY 11530

Offices: 516-877-4320 • Fax: 516-877-4336 • E-mail: [breastcancerhotline@adelphi.edu](mailto:breastcancerhotline@adelphi.edu)

**CREATIVE CUPS 2017  
AUCTION & RECEPTION**

**REGISTRATION is now OPEN!!!**



**Register for the  
Auction & Reception**

**Thursday, March 16, 2017**

**7:00 - 9:00 p.m.**

**in the**

**Ruth S. Harley University Center,  
Adelphi University**



## CREATIVE CUPS SPONSORSHIPS

**It is not too late to become a sponsor for Creative Cups 2017.**

Unfortunately our coffee table book has gone to print. However, your name will still appear on the scroll, our website and social media.

Please **click here** to review the list of sponsorship opportunities and to register online. If you are becoming a creative cups sponsor and would like your donation to be made in honor/memory of someone, please call Michelle Lamberson at 516.877.4320 to give the name.

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### SUPPORT GROUPS

**NEW BREAST CANCER SUPPORT GROUPS FORMING:  
The Adelphi NY Statewide Breast Cancer Hotline & Support Program  
in Garden City is offering new on-going support groups.**



#### MONDAY'S FROM 6:00 - 7:30 p.m.

##### **Support for Caregivers of People with Breast Cancer**

Taking care of a person with breast cancer can be stressful. This group is designed to address the needs of caretakers. Any person who is experiencing the stress and anxiety of caring for a loved one with breast cancer should attend this group.

#### TUESDAY'S FROM 6:00 - 7:30 p.m.

##### **Young Women's Support Group, Under 40**

Women under the age of 40 who are diagnosed with breast cancer have unique needs.

This support group will focus on those unique needs while allowing the members to share their feelings in a safe supportive environment. Anyone who wants to connect with and receive support from women under 40 should attend this group.

#### Current on-going groups include:

- General Breast Cancer Group (Monday 6:00 - 7:30 p.m.)
  - Newly Diagnosed Group (Friday 10:00 - 11:30 a.m.)
- Women with Metastatic Disease (2nd & 4th Wednesday of the Month 7:00 - 8:00 p.m.)
- Newly Diagnosed Stage 4 Breast Cancer (2nd & 4th Thursday of the Month 7:00 - 8:00 p.m.)

**All groups are facilitated by a social worker.**

**Support Groups are provided by the Adelphi NY Statewide Breast Cancer Program  
and sponsored in part by a grant from the Alpern Family Foundation.**

***Groups will meet at the Adelphi School of Social Work in Garden City, There is no charge.***

***For information, questions, or to join a support group, call Erin Nau, LCSW,  
Counseling & Education Coordinator at 516-877-4314 or [enau@adelphi.edu](mailto:enau@adelphi.edu)***

## EVENTS



### CREATIVE CUPS 2017

Mark your calendar for the  
Creative Cups Auction & Reception:  
March 16, 2017

[Click here](#) to register for the event

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### REGISTER FOR THE LI2DAY WALK

[Click here](#) to register to participate in the  
13.1 Mile Walk on Saturday, June 10, 2017.

# CANCER AND CAREERS



The Adelphi NY Statewide Breast Cancer Hotline & Support Program  
is pleased to partner with Cancer and Careers  
on the 7th Annual National Conference on Work & Cancer,  
on Friday, June 23, 2017, in New York City!

This FREE event will explore the complexities  
working people face as they try to balance their cancer treatment  
and recovery with employment. Topics will include job search, legal issues,  
health insurance, working during treatment and more.  
CEUs will be offered for oncology nurses and social workers.  
Travel scholarships are available until April 14th!

[For more details or to register, please visit \[www.cancerandcareers.org/conference\]\(http://www.cancerandcareers.org/conference\).](http://www.cancerandcareers.org/conference)

## **RESEARCH OPPORTUNITIES**

Please use the contact information listed for each research project if you are interested in participating.



**ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM**  
Adelphi University, School of Social Work, 1 South Ave, PO Box 701, Garden City, NY 11530  
**OFFICE:** 516.877.4320 • **HOTLINE:** 800.877.8077 • [breast-cancer.adelphi.edu](mailto:breast-cancer.adelphi.edu)

## **HAVE YOUR VOICE HEARD**

**Are you a current or former participant in a Breast Cancer support group?**

**Participate in a Research Study and share your experiences in Breast Cancer Support Groups.**

### **WHAT IS THE PURPOSE?**

The purpose of this study is to better understand the long term benefits as identified by participants in breast cancer support groups. This survey will identify common reasons for attending a support group, their identified benefits, overall experiences, and the long term impact on their survivorship. Identifying these factors will allow breast cancer agencies to plan and facilitate more sustainable support groups.

### **YOU CAN PARTICIPATE IN THIS STUDY IF YOU:**

- Have ever participated in a breast cancer support group
- Are over the age of 18

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.



This survey will be conducted online. All information will be confidential.  
Your participation in this study is 100% voluntary and should only take 5-10 minutes.

**If you would like to participate please [click here](#).**

**If you have any questions, please contact  
Erin Nau [enau@adelphi.edu](mailto:enau@adelphi.edu) or Hillary Rutter [rutter@adelphi.edu](mailto:rutter@adelphi.edu)**

*Thank you for participating in the survey. Please share this survey with others who might qualify.*



**Participate in a Research Study on  
Geriatric Assessment for Patients 70+:**

**Bridging the GAP to Improve Chemotherapy Toxicities**

This study is being conducted to find out if a Geriatric Assessment (survey) can help improve and develop a standard approach for reducing side effects from chemotherapy in older patients with cancer.

**For more information about this study,  
please [Click here](#) to see the brochure.**

If interested, speak with your doctor or contact **Dr. Vincent Vinciguerra**  
at North Shore-LIJ Health System, Monter Cancer Center  
450 Lakeville Road, Lake Success, NY 11042 • 516-734-8954

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**Research Participants Needed for Study Of Early Onset Breast Cancer**

A research study is being conducted at The Feinstein Institute for Medical Research, part of Northwell Health, to learn more about how genetic variants act and are influenced by other genes or environmental factors in the development of breast cancer before the age of 40 years. The researcher, Annette Lee, PhD is recruiting women with and without BRCA mutations who were diagnosed with early onset breast cancer to participate in this study.

The purpose of the study is to learn more about how genetic variants influence the development of breast cancer in women under the age of 40 years. Ultimately the researchers hope this knowledge can prove useful for determining individual risk of developing early onset breast cancer.

To participate in the study, you must be over the age of 18, and have been diagnosed with breast cancer before the age of 40. If you choose to participate, you will be asked to provide a saliva sample (less than 1 teaspoon) and provide information about yourself, your medical history and your family history. The sample and information you provide will be used for this study and also stored in a specimen bank for use in additional future studies.

To learn more about this study, please contact the study nurse at 516-562-8377 or [tdp@northwell.edu](mailto:tdp@northwell.edu)



**SURVEY**

February 1, 2016

**Take the First Ever National Young Adult Cancer Survey!**

Cancer in young adults sucks. But you already knew that.

In an unprecedented partnership, Stupid Cancer, Young Survival Coalition (YSC) and Critical Mass are teaming up for the first ever **National Young Adult Cancer Survey**.

Please help us prioritize, in your opinion, the most pressing issues facing the young adult cancer movement today. Your insight will help us more effectively and efficiently channel our collaborative strategy.

Take the survey here: <http://YoungAdultCancerSurvey.org>

This is kind of a big deal, so thank you for being awesome!

Heidi Adams, CEO, Critical Mass  
Jennifer Merschorf, CEO, Young Survival Coalition  
Matthew Zachary, CEO, Stupid Cancer



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**A PHASE 1 STUDY OF THE SAFETY AND TOLERABILITY OF SINGLE AGENT  
MSI-1436C IN METASTATIC BREAST CANCER PATIENTS**

Northwell Health in collaboration with Cold Spring Harbor Laboratory and DepYmed, inc. have a new clinical trial is available which involves an experimental drug that interferes with breast cancer growth. For more information, [click here](#).

# HAPPY BIRTHDAY



**WE WOULD LIKE TO WISH A HAPPY BIRTHDAY TO ALL OF OUR VOLUNTEERS  
WHO WILL BE CELEBRATING IN THE MONTH OF MARCH**

Genevieve P.  
Chris A.  
Jessica L.

Yolanda P.  
Theresa L.  
Lita R.

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## **STAY CONNECTED TO US!!!**

**There are many reasons to connect to us on social media....**

- See photos of our wonderful volunteers at our outreach events
- Stay up-to-date on events, forums and support groups
- Read news articles and new study's on breast cancer
- Read inspiring stories from our volunteers
- If you are unable to attend an event, watch our livestream of the event online
- See the wonderful people and businesses that support and more...



FACEBOOK: [www.facebook.com/adelphibreastcancerhotline](http://www.facebook.com/adelphibreastcancerhotline)

TWITTER: [@AUbreastcancer](https://twitter.com/AUbreastcancer)

PINTEREST: [www.pinterest.com/nysbreastcancer](http://www.pinterest.com/nysbreastcancer)

YOUTUBE: [www.youtube.com/user/AUBreastCancer](http://www.youtube.com/user/AUBreastCancer)



# SISTERS UNITED IN HEALTH



SISTERS UNITED IN HEALTH  
An initiative for breast health information.  
HERMANAS UNIDAS EN LA SALUD  
Una iniciativa para la información sobre la salud del seno.

## WE CAN...

- Help you get a free or low-cost mammogram REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost. Available in English and Spanish.

Sisters United in Health now has their own facebook page.  
Please [click here](#) to like the page.

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FREE AND  
LOW COST  
MAMMOGRAMS  
FOR ALL

EARLY DETECTION IS  
YOUR BEST PROTECTION  
AGAINST BREAST CANCER.

SISTERS UNITED IN HEALTH  
An initiative for breast health.  
HERMANAS UNIDAS EN LA SALUD  
Una iniciativa para la salud del seno.

## GET A REFERRAL FOR A FREE OR LOW-COST MAMMOGRAM

For more information call Sisters United in Health at  
800.559.6348 or [click here](#) to learn more.

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Breast Cancer Questions?  
*You are not alone.*

Hello, I found a lump.  
Can we talk?

Sure, I am here for you.

Online  
CHAT

We are happy to announce  
that we have added a LIVE CHAT feature to our website.  
You can visit our website [breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)  
to live chat with a survivor or a social worker.

# EVENT CALENDAR

1. Creative Cups 2017 - March 16, 2017
2. LI2Day Walk - June 10, 2017



**YOUR CONTRIBUTIONS ARE ESSENTIAL.**

The Adelphi NY Statewide Breast Cancer Hotline & Support Program is working hard to educate, support, empower and advocate for breast cancer patients, professionals and the community and we need your help. Please [click here](#) to donate today to support our program.