Bilingual Breast Cancer Workshop
Adelphi organization offering help in two languages

These days, almost everyone knows someone with breast cancer, but how much do people know about their own risk? Sisters United in Health/Hermanas Unidas en la Salud is a program dedicated to helping women understand the myths and truths about breast cancer and what they can do to lead healthier lives. In lively interactive workshops, health educators Angelica Medina, MA, and Naomi Cunningham, MA, help participants learn about the factors that can increase risk, best tools for early detection and available resources.

Programs will be conducted in English and Spanish. For more information on scheduling a free workshop, call 800-559-6348. Sisters United in Health is an initiative of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

—Submitted by the Adelphi NY Statewide Breast Cancer Hotline and Support Program