

BREAST CANCER... MEN GET IT TOO



WE DID



DON'T GO THROUGH A BREAST CANCER DIAGNOSIS ALONE

There are other men who have had mastectomies, radiation, chemotherapy, hormone therapy and reconstruction. You can speak with them, ask questions, share stories. Call the Adelphi Breast Cancer Hotline at **800.877.8077**.

“I want to make sure men know that this is not just a women’s disease.”

- Jerry, breast cancer survivor

“There is a lot of breast cancer in my family. I thought men were immune.”

- Les, breast cancer survivor



breast-cancer.adelphi.edu



WE ARE ALL PARTICIPANTS IN THE MEN'S SURVIVOR GROUP
AT THE ADELPHI BREAST CANCER PROGRAM.



THERE ARE SEVERAL THINGS THAT UNITE US:

- We are all breast cancer survivors.
- Some of us are long-term survivors of over 10 years.
- Some of us are newly diagnosed and still being treated.
- We feel not enough information is available for men.
- None of our routine exams checked for breast cancer.
- We want to help other men with similar situations.

*“The pink ribbon ticks me off...
it encourages people to ignore
breast cancer symptoms in men.”*
- Floyd, breast cancer survivor

WHAT ARE THE SYMPTOMS?

Men should know that breast cancer is **not** limited to women. If you notice any breast changes, see your health care professional as soon as possible. These are some symptoms to be aware of.

- A lump or swelling, which is usually painless
- Skin dimpling or puckering
- Nipple pain
- Nipple retraction (turning inward)
- Redness or scaling of the nipple or breast skin
- Discharge from the nipple

*“In the time of need, there was
no men’s group available. I’m
glad there’s one now.”*
- Jeff, breast cancer survivor

CREATED BY THE MEN'S BREAST CANCER SUPPORT GROUP

ADELPHI NY STATEWIDE BREAST CANCER
HOTLINE & SUPPORT PROGRAM
breast-cancer.adelphi.edu · 800.877.8077