# Questions to Ask...

#### about chemotherapy

### Answers to these questions will help you understand the reason for chemotherapy.

- 1. Why is chemotherapy indicated in my case?
- 2. Does my medical history affect my choices?
- 3. What is the significance of lymph node involvement?
- 4. How many of my lymph nodes are cancerous? How many were removed altogether?
- 5. If my lymph nodes are not involved, should chemotherapy or hormone therapy still be considered?

# Answers to these questions below will help you understand the drugs involved and their effects.

- 1. What drugs will I be taking?
- 2. Why have you chosen these particular drugs for me?
- 3. What are the drugs supposed to do?
- 4. What are the short and long-term risks involved?
- 5. If I want to become pregnant, what special steps should I take before starting chemotherapy to preserve my fertility?
- 6. What are the possible side effects of this type of chemotherapy? Are they permanent?
- 7. Are there drugs for nausea? Is there a special diet that will help me?
- 8. Which side effects should I report to the doctor immediately?

#### Answers to these questions below will help you prepare for your treatment and follow-up.

- 1. How soon should the chemotherapy be started?
- 2. How and where will the chemotherapy be given?

3. How long will each treatment take? How long will the whole series last? *(continued)* 

## Questions to Ask...

#### about chemotherapy (continued)

- 4. Can I continue to work, exercise, etc. during these treatments?
- 5. Will I need to be admitted to the hospital during the course of my chemotherapy?
- 6. Can I come alone for treatment or should a friend or relative take me?
- 7. Are there places you can refer me to for help with transportation?
- 8. Are there other special precautions I should take before, during or after chemotherapy?
  - a) Can chemotherapy affect my dental/oral health and is there anything I should do prior to chemotherapy?
  - b) Will treatment be covered by my health insurance?
  - c) If I lose my hair, will the cost of a wig be covered by health insurance?
  - d) When is the best time to purchase a wig?
  - e) When the treatments are completed, how often will I need to be seen by the oncologist?
  - f) Will you give me a complete written list of drugs and dosages that I will be receiving for my records?
  - g) Are their special foods that will help me manage side effects?
  - h) Can you refer me to a nutritionist?