



Adelphi University

**Institute for
Parenting**

Post-Master's Training Program in Parent Education and Parent Guidance 2011–2012

Mission Statement

The Institute for Parenting was established to help ensure the health and well-being of young children and developing families by supporting and enhancing parental capacity to provide nurturing and developmentally appropriate environments. Towards this goal, the Institute provides parents, educators, service providers, and students with training, education, service, and research within a culturally sensitive framework.

Post-Master's Training Program in Parent Education and Parent Guidance 2011–2012

The Institute for Parenting Post-Master's Training Program in Parent Education and Parent Guidance:

This certificate program is an intensive training program designed for parent educators and/or clinicians who work with parents. Its goal is to promote a deepened understanding of the theories, values, and principles that inform this work. There is a growing body of knowledge supporting the notion that parent guidance and the participation of parents in parent education programs enhances parent-child interaction and the development of healthy children in important ways. Participants will build a solid foundation of knowledge about parents and children along a variety of continuum. Development is studied from infancy through adolescence. Seminars will also focus on the development of the parent-child relationship and the family context. The inextricable links between each domain are examined. In addition, an integrative seminar/supervision group will meet for ongoing consultation and application of new knowledge.

Through these ongoing seminars and an intensive program delivery seminar: **The Principles of Parent Guidance and the Processes of Program Delivery**, as well as five (5) full-day workshops, participants will study a wide range of information. They will be immersed in a learning process that will focus on the challenges, issues, and dilemmas that shape their work with parents. Participants will learn important concepts in working with developing families, while enhancing their skills to model, teach, and reinforce parents' ability to create the healthiest of environments for their children.

Who Should Attend

- Human services professionals who have completed an advanced degree, e.g. M.S.W. or Ph.D.
- Human services professionals who have completed a bachelor's degree and have experience working as parent educators
- Human services professionals whose role with parents and families influence the direction of their lives
- Parent educators and clinicians who are currently working with parents and families

Program Components

- **Core Seminars:** The curricula for these seminars will focus on a variety of important areas of development. The seminars will include a combination of lectures, didactic, and experiential learning.
 1. The Development of the Parent-Child Relationship
 2. The Developing Child: Infancy through Adolescence
 3. The Family Context
- **Program Delivery Seminar:** There is one Program Delivery Seminar. The curriculum for this seminar is designed to give participants a solid understanding of the requirements for effective program delivery. In addition, participants will have the opportunity to apply this knowledge and receive consultation/supervision on their work.
- **Integrative Seminar/Reflective Consultation:** This seminar offers participants the opportunity to further discuss and integrate the program content through discussion and examination of their work and to build their reflective capacity to better understand and meet parents' needs. Video vignettes and opportunities for video feedback will be available.
- **Required Full-Day Trainings:** Training on a variety of relevant topics will be offered. There are five (5) required workshops for the program. Each fall, the Institute for Parenting brings a master in the field to do full-day training that kicks off the year. The other full-day training topics are chosen to enhance and supplement the curriculum of the certificate program.

Program Location, Dates, and Times

The Garden City Campus of Adelphi University
Hy Weinberg Center for Speech and Communications Room 101
All seminars begin mid-October and continue through June.

The Core Seminar meets on the following Tuesday evenings from 6:00 p.m.–9:30 p.m., unless otherwise noted:

| | | |
|---------------------------|---------------------------|------------------------|
| October 11, 18*, 25, 2011 | January 10, 17, 24*, 2012 | April 3*, 17, 24, 2012 |
| November 1, 15, 29*, 2011 | February 7, 14*, 28, 2012 | May 1, 15*, 22*, 2012 |
| December 6, 13, 2011 | March 6, 20*, 27, 2012 | June 5, 12, 19, 2012 |

**Classes meet from 6:00 p.m. to 8:00 p.m.*

Curriculum Highlights

The Developing Child: Infancy Through Adolescence

- Major Developmental Theorists
- Temperament
- Social and Emotional Development
- Cognitive Development
- Language Development
- The Importance of Play
- Emotional and Behavioral Regulation
- The Impact of Trauma

The Development of the Parent-Child Relationship

- Becoming a Parent
- Attachment Theory
- Infant Brain Development
- Mutual Regulation Theory
- Parental Relational Skills
- Reflective Functioning, Sensitivity, and Attunement
- Capacity to Parent-Goodness of Fit
- Moral Development

The Family Context

- Influence of Family of Origin
- Family Systems Theory
- Family Traditions and Values
- Family Dynamics
- Family Support
- The Role of the Parent
- Stages of Parenting
- Parental Philosophy
- The Role of Culture in the Family
- Community Involvement and Resources

The Process of Parent Guidance and Education

- Comprehensive Overview of the Field of Parent Guidance/Education
- The Strengths Perspective
- The Four Pillars of Parent Guidance
- Positive Guidance-Discipline
- The Relationship of the Parent Educator and Parent
- Creating Positive Parent-Child

Relationships

- Training/Facilitation/Clinical Skills for Service Delivery
- Handling Parental Resistance
- Group Dynamics and Facilitation Skills
- Practicum Experiences and Applied Assignments

Integrative Seminar: Reflective Consultation

- Ongoing Case Consultation
- Use of Training Videos
- Opportunity for Video Feedback

**Instructors for the program are Adelphi University interdisciplinary faculty, Institute for Parenting staff, and experienced clinicians and professionals in the fields of parent/early childhood mental health and parent education*

Required Full-Day Workshops

9:00 a.m.–4:00 p.m.

Visiting Faculty

Thursday, November 3, 2011

Bruce Perry, M.D., Ph.D.

Early Experience, Child Maltreatment, Trauma, and the Neurosequential Model[©] of Assessment and Treatment

Thursday, February 2, 2012

Serena Wieder, Ph.D.

Foundations for the Future: Understanding Development: The DIR/FLOORTIME Model

Friday, March 2, 2012

Betsy McAlister Groves, M.S.W., LICSW

Shelter from the Storm: Effective Interventions with Children Affected by Domestic Violence

Friday April 27, 2012

Nancy Boyd Webb, D.S.W., LICSW, RPT-S

Play Therapy with Children Who Have Experienced Trauma and Loss

Thursday, June 7, 2012

Marie Anzalone, Sc.D., OTR, FAOTA

Ouch My Sock Hurts Part II: Strategies for Intervention

Application Information

Program Fees

| | |
|---|----------------|
| Nonrefundable Application Fee | \$15 |
| Program Fee | \$2,700 |
| Workshops (<i>discounted price for participant: for five workshops</i>) | \$450 |
| Total Program Cost (<i>call to discuss payment options</i>) | \$3,165 |

Admission Requirements

1. Proof of degree, *i.e.*, copy of transcript or diploma from an advanced degree program in a human services discipline

OR

2. Proof of degree, *i.e.*, copy of transcript or diploma from a baccalaureate degree program in a human services discipline

AND

3. Current résumé

4. Letter of recommendation from a supervisor or colleague who is familiar with your work

5. Brief statement about what you hope to gain from this program

Applications are accepted on an ongoing basis.

* Please note: Applications will not be considered until all materials are submitted.

Class size will be limited.

*The University reserves the right to cancel this program due to insufficient enrollment. Registrants will be notified and full refunds will be issued.

Application

Name: _____

Address: _____

Phone: Home _____ Work _____

Cell _____ Fax _____

Email: _____

Agency Name (if relevant): _____

Job Title (if relevant): _____

Degree and Year: _____

Please send completed application, application fee, proof of degree, résumé, and brief statement to:

Marcy Safyer, Director
Adelphi University
Institute for Parenting
P.O. Box 701
Garden City, NY 11530-0701

For more information about this and other programs, please visit our website adelphi.edu/parentinginstitute or call (516) 877-3060.

CE Credits Applying for:

- | | | |
|--|--|-------------------------------------|
| <input type="checkbox"/> Not Applying for Credit | <input type="checkbox"/> Nursing | <input type="checkbox"/> NBCC |
| <input type="checkbox"/> ASHA | <input type="checkbox"/> OCFS | <input type="checkbox"/> Psychology |
| <input type="checkbox"/> CASAC | <input type="checkbox"/> Social Work | |
| <input type="checkbox"/> Education | <input type="checkbox"/> Other, please specify _____ | |

Certificate Requirements

The Certificate will be awarded at the end of the program. Participants will be able to receive Continuing Education credits and contact hours for the program from a variety of disciplines.

Credentialing Information and Continuing Education:

- Social Work
- CASAC
- Nursing
- Education
- ASHA
- NBCC
- Psychology

This program has been submitted for approval for a total of 100 continuing education/training/contact hours or 10.5 ASHA Credits.

Social Work CEUs are given through the New York State Chapter of the NASW.

CASAC Training Hours: Program information has been submitted for approval to the New York State Office of Addiction and Substance Abuse Services Education and Training for credits toward recredentialing and credentialing.



Nursing Contact Hours: Adelphi University School of Nursing is an approved provider of continuing education by the New York State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Education Hours/Credits: May be received at the discretion of your school. We are happy to provide any information you may need to help towards your approval.

This program is equivalent to 7 credit hours, although not credit bearing.



Adelphi University is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 10.5 ASHA CEUs (Introductory level; Related area)

NBCC Credits/Hours: Adelphi University Institute for Parenting is an approved provider of the National Board for Certified Counselors-Approved Education Providers (NBCC-ACEP).



Psychology CE Credits: Adelphi University is approved by the American Psychological Association to offer continuing education credits for psychologists through the Adelphi University School of Social Work. Adelphi University maintains responsibility for the program and its content. Attendance to the entire conference is required. No partial credit is given. To apply for CE credits, contact the Institute for Parenting at (516) 237-8513.

**The University reserves the right to cancel this or any program due to insufficient enrollment. Registrants will be notified and full refunds will be issued.*

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.

AU ADELPHI UNIVERSITY

INSTITUTE FOR PARENTING

One South Avenue

P.O. Box 701

Garden City, NY 11530-0701



(516) 877-3060

Check adelphi.edu/parentinginstitute for more events!