

Directions to Nassau Veterans Memorial Coliseum

1255 Hempstead Turnpike, Uniondale, NY

The Coliseum is most easily reached from the Meadowbrook Parkway - Exit M4.

Public Transportation from Manhattan, Queens, or Brooklyn

Long Island Railroad: from either Penn Station in Manhattan, Jamaica Station in Queens, or the Atlantic Terminal in Brooklyn, take the Hempstead line to the last stop, Hempstead. Look for the Adelphi bus to take you to Nassau Coliseum.

From Eastern Long Island (South Shore)

Sunrise Highway to Southern State Parkway to exit 22N (Meadowbrook Parkway North) to exit M4; follow signs to Nassau Coliseum.

From Eastern Long Island (North Shore)

Long Island Expressway (495) West to Northern State Parkway to exit 31A (Meadowbrook Parkway South) to exit M4; follow signs to Nassau Coliseum.

From Queens

Grand Central Parkway to the Northern State Parkway to exit 31A (Meadowbrook Parkway South) to exit M4; follow signs to Nassau Coliseum.

From Manhattan

Battery Tunnel to Belt Parkway, proceeding east to the Southern State Parkway, to exit 22N (Meadowbrook Parkway North) to exit M4; follow signs to Nassau Coliseum, **OR**

Midtown Tunnel to Long Island Expressway (495) East to exit 38, Northern State Parkway to exit 31A (Meadowbrook Parkway South) to exit M4; follow signs to Nassau Coliseum, **OR**

Robert F. Kennedy (Triborough) Bridge to Grand Central Parkway which turns into the Northern State Parkway, to exit 31A (Meadowbrook Parkway South) to exit M4; follow signs to Nassau Coliseum.

From Brooklyn

Belt Parkway to Southern State Parkway east to exit 22N (Meadowbrook Parkway North) to exit M4; follow signs to Nassau Coliseum.

From the Bronx

Robert F. Kennedy (Triborough), Whitestone, or Throgs Neck Bridge to Queens; pick up the Grand Central Parkway east to the Northern State Pkwy to exit 31A (Meadowbrook Pkwy South) to exit M4; follow signs to Nassau Coliseum.

From Staten Island

Verrazano Narrows Bridge to Belt Parkway east to Southern State Pkwy (25A) to exit 22N (Meadowbrook Pkwy North) to exit M4; follow signs to Nassau Coliseum.

From Upstate New York

New York Thruway to the Throgs Neck Bridge to Queens, pick up the Grand Central Parkway east which turns into the Northern State Pkwy, to exit 31A (Meadowbrook Pkwy South) to exit M4; follow signs to Nassau Coliseum.

From Connecticut

Connecticut Turnpike (I-95) to the Throgs Neck Bridge, to the LI Expressway east (495) to exit 38, the Northern State Parkway east, to exit 31A (Meadowbrook Pkwy South) to exit M4; follow signs to Nassau Coliseum.

From Westchester

Route 95 to the Throgs Neck Bridge, to the LI Expressway east (495) to exit 38, the Northern State Parkway east, to exit 31A (Meadowbrook Pkwy South) to exit M4; follow signs to Nassau Coliseum.

From Southern or Central New Jersey

New Jersey Turnpike to exit 13, Goethals Bridge, across the Verrazano Narrows Bridge to Belt Parkway east to Southern State Pkwy (25A) to exit 22N (Meadowbrook Pkwy North) to exit M4; follow signs to Nassau Coliseum.

From Northern New Jersey

George Washington Bridge to Robert F. Kennedy (Triborough) Bridge to the Grand Central Pkwy east which turns into the Northern State Pkwy, to exit 31A (Meadowbrook Pkwy South) to exit M4; follow signs to Nassau Coliseum.